



# Russetttings

Residential Care Home Newsletter

## APRIL AT RUSSETTINGS

As the weather continues to improve, our residents are seizing the opportunity to engage in gardening activities, such as crafting beautiful hanging baskets and tending to the raised beds, planting seeds and nurturing small plants. Miguel, our resident chef, was pleasantly surprised to receive his very own herb garden in a raised container, conveniently located near the kitchen, allowing him to access fresh ingredients easily for his culinary creations.

In addition to gardening, flower arranging has become a beloved pastime among our residents, bringing vibrant colours and cheerful atmosphere, particularly enhancing the ambiance of our dining room.



## BALCOMBE ST MARY'S

Following the busy Easter period, Balcombe St Mary's visited us for a special service featuring their choir. The Reverend delivered a delightful sermon that was thoroughly enjoyed by all, followed by a delightful Easter Tea.



## MINI BUS TRIPS

Our minibus outings brought us to our beloved garden centre for some shopping and refreshments. The second trip took us to Tilgate Farm, where we enjoyed a light lunch after admiring animals like llamas, meerkats, emus, ostriches and cockatoos, among many others. It was a delightful outing that we look forward to repeating!

## ST GEORGES DAY

St Georges Day celebrations gave us plenty of opportunities to decorate the home with arts and crafts, with of course St George and his dragon! This was followed by a traditional lunch and a singing performance which got us all in the mood for dancing and singing.



## REMINISCING

The Reminiscing circles always brings fond memories to our residents. Shopping experiences which are not very different from today! Fruit and vegetable deliveries, Cornish ice cream man and deliveries of meat and fish on Fridays. The 'Rag and Bone Man', that rang his bell when his horse and cart was near your home, with cash incentives and always something for the roses thanks to his horse!



## BIRTHDAYS!

We celebrated the birthdays of the Month with exquisitely crafted cakes prepared by our talented chef, Miguel.



## FORTHCOMING ATTRACTIONS

Wednesday - 1st

La Beltaine Day! May Pole making. A special lunch and performance by Samantha sings Spring at 3pm.

Tuesday - 14th

Mini Bus trip to the Golden Oldies cinema to see 'Its a Wonderful Life.

Monday - 13th

Residents and Relatives Meeting at 6pm in the conservatory. Along with the Manager, the Directors will attend.

Friday - 17th

Celebration of Norway Day, Special lunch and singing performance by Melody!