



Russettings

Residential Care Home Newsletter

FEBRUARY AT RUSSETTINGS

It was a wet and windy month at Russettings, but still packed a lot of fun!

Leading up to the Chinese New Year, we explored the cross over of western horoscopes and Chinese versions. 2024 being the Year of the Dragon which signifies harmony, serenity and creativity for those born in this year. This year is dominated by power, nobility and good luck! To celebrate the year of The Dragon, our resident chef created a delicious menu for residents, family and friends; representing all the best of Chinese cuisine. Followed by favourite songs, sang by Alison of the 60's, 70's and 80's.





VALENTINE'S DAY

Valentines Day! It was celebrated and toasted by residents, family and friends. We enjoyed a sumptuous lunch, followed by a stunning heart shaped cake for tea time! The home was decorated by the Valentines memory tree of love hearts, written by the residents to their loved ones and artwork around the rooms. Marco the Magician – created a sparkling array of astonishing magic and singing.



PANCAKE DAY

Pancake Day at Russettings, created a lovely afternoon tea to share with families and friends. Our chefs created American and traditional crepes with many toppings to enjoy!



HEALTH & WELLNESS

Spa days continue weekly with two visits by hairdressers, manicures and aromatherapy to give our residents opportunities to look their very best! This also includes fun ways to stay fit; with "move it or lose it" and Mrs. Mills, sit-down exercises. Always competitive and ends in laughter!

ARTS & CRAFTS

Looking forward to Spring; we have been painting and decorating 'des-res' bird boxes and seeing our 'lasagna planted' pots blooming adding much needed colour to the patio.



LEAP YEAR

The month concludes on a high note with Russettings' Leap Year celebration. An exclusive Spring luncheon precedes a delightful concert featuring the enchanting vocals of Samantha. This event offers everyone the opportunity to joyfully sing and dance to beloved musical classics.



FORTHCOMING ATTRACTIONS

Thursday - 4th Spring party with special lunch and musical act - at 3pm

Thursday - 18th Residents and relatives meeting at 4pm in the conservatory - at 4pm

Wednesday - 14th St Georges Day Celebration with a special lunch and musical act - at 3pm

Two Trips in the Mini Bus Trips

- A trip to Nymans gardens with refreshments.
- A visit to Tilgates Park to meet the animals, with refreshments.
- Golden Oldies Cinema at Crowborough community Centre at 1.15 for movie start at 1.30pm, with refreshments. Breakfast at Tiffanys will be shown. Families and friends are invited to take their loved ones to this special, Cinema club. Details via the Activities team.