

Residential Care Home Newsletter

#### OCTOBER AT RUSSETTINGS

The distinctive Autumn hues take centre stage at Russettings, enhancing the charm of our beautiful grounds. Observing the transformation of foliage and trees has us ready for the Spring bulb planting. We have decided to create lasagna planted bulbs, so that there is always something to look at and at different height's, which will bloom in Spring and decorate the patio.

As the evenings grow darker, we are working with the local Cat Protection League during our Knit and Natter afternoons to craft cozy blankets for our feline friends.

#### BUTTERCUP BARN NURSERY

The children of Buttercup Barn nursery visited us for Harvest Festival tea and a sing song. Our chef created a lovely children's afternoon tea which they really enjoyed! Lots of fun and laughter was shared between the residents and the children. We very much look forward to seeing them at their Christmas panto soon!







#### BALCOMBE ST MARYS

Balcombe St Marys gave a beautiful Harvest Festival service and popular hymns; followed by a delicious afternoon tea and conversation.

## TRIPS OUT

This month's mini bus excursions led us to Pan Motorcycle garage, where the Russettings gentlemen were invited to explore the vintage motorcycle collection alongside the head mechanic, Jeff. Jeff was genuinely impressed by the residents' extensive knowledge of bikes. In fact, one of our gentlemen even recalled specific details about the Bellini 250's participation in a race during the 1950s – including dates, locations and the cyclist who rode it. It was truly remarkable!

Our ladies embarked on a delightful outing to M&S. Everyone had a wonderful time navigating the shopping aisles, selecting items for themselves and thoughtful Christmas presents. Residents visited to a charming coffee shop, adding the perfect finishing touch to our enjoyable excursion.







## HALLOWEEN

Arts and crafts leading up to Halloween saw the residents making spooky clay art and paintings to adorn our home's walls. On the Halloween day, we started with face painting with a ghoulish effect! Our Monster Mash party in the afternoon saw us dancing to well known songs followed by Halloween Strictly come dancing with refreshments.



#### HALLOWEEN CONTINUED

Our resident chef Miguel, created a sumptuous Halloween buffet with an amazing array of delicious treats such as mummy-wrapped sausages, devilled meatballs, hot chili con carnie cups and creepy cakes. It was very Yummy!





### THEMED LUNCH

This month's themed lunch was a taste of American food which was Cowboy pie... our favourite! Afterwards, we enjoyed a fantastic performance of country and western songs by Steve as we danced and sang along to well known artists such as Glenn Cambell, Johnnie Cash and Dolly Parton.





### BIRTHDAYS

This month saw quite a few birthdays, with family and friends joining their loved ones to celebrate. Amazing birthday cakes were presented to our residents with flowers and presents.

# FORTHCOMING ATTRACTIONS

#### Russettings November Forthcoming Attractions!

Monday - 6th	International Saxophone day	Friday - 17th	Pudsey cake decorations
Saturday - 11th Sunday - 12th	Remembrance Saturday. RBL Arboretum service on the TV. Remembrance Day special, at the cenotaph on the Tv. We welcome Daksha back to the home to celebrate Diwali. A demonstration of Indian cooking and a special lunch prepared by the Master Chef finalist at 12.30. The Mayor of Haywards Heath will present to say a few words and enjoy the event.	Saturday - 18th	Our themed lunch takes us to Turkey with a singing performance in the afternoon.
Thursday - 16th		Monday - 20th	Visit to Buttercup Barn Nursery with afternoon tea.
		Tuesday - 21st	Mini Bus trip to Golden Oldies Cinema to see High Society film and have refreshments.
		Thursday - 23rd	Russettings American Thanksgiving lunch.

#### December Highlights

The residents and relatives meeting has been cancelled for 4pm on the 1st of December. A new date will be emailed shortly.