



# Russettings

Residential Care Home Newsletter

## AUGUST AT RUSSETTINGS

Russettings found that August was the Summer that was forgotten! However, we managed to create and enjoy some wonderful trips out and look forward to our Summer Garden Party.

## BUTTERCUP BARN

Russettings and Buttercup Barn Nursery, are nurturing a lovely relationship between the children and residents. In August, residents were invited to a performance by the 2-5years olds of nursery rhymes with afternoon tea.

Buttercup Barn was then invited to meet the residents in the lounge for a chat and were fascinated by our cold water fish tank!

Then Kaan's Ice cream van arrived at Russettings to surprise the children with a tasty treat! There was lots of excitement and smiles all around! Residents and children alike choose a variety of ice creams and sat together in Russettings' front gardens. Ice creams were also given to residents in their rooms and in the lounges, so everyone could join in the fun!





## THEMED LUNCHES

Our themed lunches took us to Norway, which brought back fond memories for one resident who trained as a mid-wife in Norway. They tried the local food which helped us with the creation of the menu. This was then followed by an afternoon of singing and dancing to popular Scandinavian songs.

## ARTS & CRAFTS

With Nottingham Carnival approaching, our arts and crafts lent itself to making Carnival face masks for the day whilst authentic Caribbean music was played by Mark on his steel drum. The residents and staff danced the afternoon away to well known tunes of calypso, reggie and bosonova. This proved to be a very cheerful and uplifting time.



## CULINARY DELIGHTS

Our culinary adventures continued this month with the residents celebrating International Beer day. They sampled beers from around the world before making beer-bread rolls for supper.

Pizza making followed later in the month with every type of toppings which proved to be a favourite savoury treat for the residents!





## TRIPS OUT

The mini Bus Trip this month took us to Seaford beach for the day. We relaxed in the sunshine with a light lunch overlooking the sea. The residents chatted to visitors and met their dogs. We also enjoyed short walks along the promenade to the headland. Some residents chatted to local fisherman with conversations about angling and sea fishing.

Before returning home, we just had to finish the day with an ice cream!

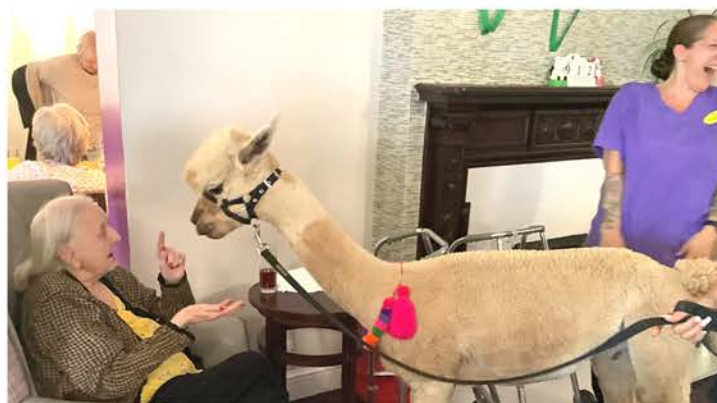
## RUSSETTINGS SUMMER BBQ!

The highlight of the month was the Russettings Summer BBQ! Thankfully, we were blessed with sunshine whilst family, friends and residents mingled in the garden and lounge. Surprised guests were introduced to the Alpacas, Hugo and Toffee, who did a great meet and greet!

Our resident chef, designed an excellent menu of salads, vegetarian and BBQ favourites with Sangria and soft drinks. Samantha Sings Summer created the perfect party atmosphere, performing in the lounge and gardens. Our party was a great success and a lovely way (as we thought) to end Summer 2023.



Samantha with her two new backing singers!



## BIRTHDAYS

Our Birthday Boy this month J.R.H, was delighted to be sung Happy Birthday and be presented with a stunning birthday cake.



## WHAT'S TO COME

We are now looking forward to an Indian Summer with more excitement and fun to come. Russettings look forward to meeting you, during the month ahead and at various events! Please also mark your calendars for the Residents and Relatives meeting Tuesday the 3rd of October at 3.00pm in the conservatory.

9th September	Trips to the Balcombe Fete	16th September	Balcombe Village Hall craft fair afternoon
13th September	Pet Pals - Pet Therapy at 2.30pm	21st September	Italian themed lunch while Janeiro plays the accordion and sings Italian songs at 2.30pm
14th September	China themed lunch, followed by Elvis in the building at 2.30pm	26th September	Mini Bus Trip to Golden Oldies for 1.15pm arrival, for the showing of Mama Mia! With refreshments
15th September	Mini Bus trips to Nottcuts, Ditchling. First trip leaves at 10.00am, the second at 2.30pm.		

We look forward to seeing you throughout the month!