



# Russettings

Residential Care Home Newsletter

## JULY AT RUSSETTINGS

July flew by at Russettings with so many fun things to do; despite the weather! Our first themed lunch transported us to Chile! The menu, meticulously crafted by a Chilean resident, truly captured the essence of the cuisine and culture, creating an authentic experience for all! The residents created Chilean arts and crafts setting the ambiance for the dining room. The Lunch was followed by South American songs and popular 60's and 70's music. It was very happy and uplifting music for the Summer.



## INTERNATIONAL TEDDY BEAR DAY

Russettings also celebrated International Teddy Bear Day with a Teddy Bear Picnic for lunch, shared with our beloved Bears.

The children from Buttercup Barn Nursery joined us one afternoon for a charming Teddy Bears Tea party amidst the garden's beauty. The event fostered lively interactions as the children admired and engaged in cheerful conversations about each other's beloved teddy bears. Adding to the festivities, our Manager Nikki brought along a bear that had been cherished across generations within very own her family.







## BACON BUTTIES & BIKERS MORNING

On the 14th of July, we were pleased to invite the local Surrey and Sussex Vintage Motorcycle club to Russettings for our Bacon Butties and Bikers Morning. Brian Robins reached out to his club members to help celebrate National Bikers Day! Many residents were keen motorcycle enthusiasts in their day and raced in TT races. The roar of many different types of vintage motorbikes arriving at Russettings was a real treat! The Ladies remembered riding pillion on their husband's and boyfriend's bikes. Our resident Chef also prepared crispy bacon butties, with tea and coffee. It was very Delicious!

## THEMED LUNCHES

You name it, we will try and make it. Afternoons are popular, bringing back fond cooking memories with family and friends. A retired resident butcher showed us the professional way to make the perfect burger! Residents joined in on the fun of making them and sampled them for supper.

Our second themed lunch took us to the heart of East London, with another recommendation from a London born resident. A Cockney feast ensued with a Pie and mash, double liqueur, bubble and squeak followed by Jam Rolly Polly and custard. Not a scrap was left on our residents plates! The afternoon saw a performance of Chaz and Dave performing popular London songs. We were all up dancing and having a good old 'Knees up' and sing-along!

Our International Cowboy day went down perfectly, closing the month on a high! We had Cowboy pie for lunch, which consisted of crispy sausage tray bake, layered with baked beans, creamy mash potato and grated cheese topping. This 'dish' is now a firm favourite and extra portions were asked for by the residents.







## THEMED LUNCHESES CONTINUED...

The Cowboy Party continued, with Birdie Tucker sings Country and Western. So many residents knew the lyrics and sang along, which was a lovely way to end the month. We all thoroughly enjoyed ourselves and many residents got into character.

## BIRTHDAYS

Our Birthday bell this month was Elsie Moore, who was very surprised when she was presented with a beautiful cake with our staff singing Happy Birthday. Elsie surprised all of us by blowing the candles out in one go!



## WHAT'S TO COME

We will host the Residents and Relatives Meeting on 17th August at 11.00am in the conservatory.

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| <b>3rd August</b>  | We visit to Butternut Barn Nursery for a singing presentation by the children to our residents followed by cupcakes and drinks. | <b>12th August</b> | The Russetings Summer BBQ at 2.30pm. Alpacas visit and Samantha Sings Summer.                        |
| <b>4th August</b>  | International Beer Day, Beer tasting and beer based bread making.   | <b>16th August</b> | Mini bus trip to Raystead Animal Sanctuary in Ringmer, followed by lunch and walks at Seaford beach. |
| <b>10th August</b> | A Norway themed lunch for resident of the day.  | <b>24th August</b> | A Caribbean themed lunch.  |

We look forward to seeing you throughout the month and especially at the Russetings BBQ!  
Russetings wishes you a happy Summer!