

Russettings

Residential Care Home Newsletter

MAY AT RUSSETTINGS

At Russettings we looked forward to preparing for the coronation of Charles III and Queen Camilla. Our days were filled with reminiscing circles, quizzes, and arts and crafts sessions, all aimed at embellishing our home. Special flags adorned the walls, bunting added charm while table decorations set the perfect ambiance for the Coronation day! On the big day itself, we gathered around the lounge TV to watch the spectacular event, accompanied by refreshing treats. We also hosted a delightful celebration afternoon tea, extending invitations to friends and family, all infused with a distinct Royal flavour!

The 8th of May saw the dining room converted into a Royal Street Party, with family and friends enjoying an array of vintage Elizabeth II food in homage to the 1950's Coronation. This was followed by a performance of well known 'rat pack' songs, that we sang along and danced to.





BIRTHDAYS

May was also busy with birthday celebrations, with spectacular cakes made by our resident chef. A 90th Birthday party saw family and the resident's original staff from her time working for YSL cosmetic factory. The mini bus trip took us to the golden oldies cinema club to see Annie with refreshments.





DEMENTIA WEEK

Throughout the dementia week, we created forget me knot clay flowers painted in gold and blue. They've really brought the patio garden pots to life and have received many compliments from visitors. A resident's family also donated real 'forget me knot' flower vases for the mantel piece while the residents painted flowers for the wall.

FITNESS

Russettings residents are keeping Spring fit, with Karla's sit-down exercises, showing great dexterity and enthusiasm! Spa days continue every week to keep everyone looking 'Hollywood ready'!



GREEK LUNCH

A speciality Greek lunch, this month saw us dine on moussaka, stuffed peppers with Melo pita dessert and Ravani afternoon tea. This lovely lunch was followed by a singing performance of Spring/Summer songs, making us all feel that we had been on holiday!

BANK HOLIDAYS

The delightful Spring bank holiday featured a special tea gathering that welcomed friends and family. Engaging in conversations about the Coronation scrapbooks we had meticulously created beforehand, brought a remarkable conclusion to the month of May.



WHAT'S TO COME

Russettings is prepared to embrace the joys of summer, offering a delightful array of upcoming events and experiences. These include celebrating Father's Day, indulging in special lunches inspired by the flavours of Africa and the Philippines, embarking on mini bus trips to Wakehurst and the Blue Bell railway. Furthermore, there will be a grand celebration for a resident's 100th birthday, with the esteemed presence of the Mayor of Haywards Heath overseeing the festivities. We look forward to seeing you then!

