

Monthly Agenda

1st	Board games morning throughout the home. Bingo afternoon with prizes!	16th	You Name it? We shall try & cook it! Cheese scone making
2nd	You Name it? We shall try & cook it! Sausage rolls	17th	Trooping the Colour. Special TV showing of the New King & Queen for the official Birthday of the Monarch with refreshments
3rd	Memory tree designs for Father's Day	18th	Special Father's Day Afternoon tea
4th	Songs of praise, Bible readings & movie moments	19th	Pilipino arts & crafts morning. Bingo with prizes in the afternoon
5th	South African arts & crafts. Readings in the rooms	20th	Mini Bus trip to Wakehurst gardens, tea room & shop
6th	Spa Day. Hairdresser, manicures & aromatherapy	21st	Move it or lose it, sit down exercises. Movie moments. Relatives & Residents meeting at 6.30pm
7th	Move it or lose it, sit down exercises, Movie moments	22nd	Special Pilipino lunch, with a singing performance from 2.30pm
8th	Special African lunch menu, followed by a singing performance, at 2.30pm	23rd	Hugo the pat dog, visits around the home. You name it? We shall try and cook it! Peppermint creams
9th	Pat Dog Hugo. Foot spas & hand massages. You name it? We shall try & cook it!	24th	Armed Forces Day for Sussex, TV special with refreshments. Flower arranging
10th	Flower arranging, walks into town/ time in the garden	25th	Songs of praise, Bible readings, reminiscing circle with Rita
11th	Songs of praise, Bible readings & reminiscing circle with Rita in the afternoon	26th	Arts & crafts morning. Bingo afternoon with prizes!
12th	Arts & crafts morning, making clay sunflowers. Bingo afternoon with prizes!	27th	Mini bus trip to the Bluebell railway for lunch & looking at the steam engines.
13th	Spa Day. Hairdresser, manicures & aromatherapy	28th	Karla sit-down exercises in the afternoon. Movie moments
14th	Special Hundredth Birthday Celebration afternoon with a visit from the Mayor! Karla, Sit Down exercises in the afternoon.	29th	Gardening morning. Music & movement with Rita
15th	Gardening morning. Summer house Shopping!	30th	Board game morning. You name it? we shall try & cook it! Bread making

- Balcombe St Marys visits for one to one and group, Holy Communion. To be announced -

Some activities may be subject to change